

MAY | 2023

Oakwood & Paulding Elementary



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 CHEESEBURGER 3g with WG BUN 25g FRENCH FRIES 18g FRESH BROCCOLI FRUIT & MILK	2 STUFFED CRUST PIZZA 36g CAESAR SIDE SALAD 4g with CROUTONS 5g BABY CARROTS FRUIT & MILK	3 TACO IN A BAG DORITOS 20g TACO MEAT 2.5g CHEESE, LETTUCE & SALSA 3g REFRIED BEANS 23g CELERY or CAULIFLOWER FRUIT & MILK	4 CHICKEN DRUMSTICK 6g DINNER ROLL 12g SUN SPLASH JUICE 15g GRAPE TOMATOES FRUIT & MILK	5 CHEESY BREAD 27g with MARINARA SAUCE 3g CALIFORNIA BLEND 3g BABY CARROTS FRUIT & MILK
8 CHICKEN NUGGETS 16g MASHED POTATOES 20g with WHITE GRAVY 6g FRESH BROCCOLI FRUIT & MILK	9 HOT DOG 1g with WG BUN 30g BAKED BEANS 30g BABY CARROTS FRUIT & MILK	10 ROTINI with MEAT SAUCE 12g BREADSTICK 14g STEAMED BROCCOLI 5g with CHEESE SAUCE *optional 3g CELERY or CAULIFLOWER FRUIT & MILK	11 PULLED PORK 16g with WG BUN 25g GLAZED CARROTS 12g GRAPE TOMATOES FRUIT & MILK	12 NO SCHOOL (PD Day - Staff Only)
15 SCRAMBLED EGGS 2g FRENCH TOAST 37g HASH BROWNS 32g FRESH BROCCOLI FRUIT & MILK	16 MOZZARELLA STICKS 27g with MARINARA SAUCE 3g CAESAR SIDE SALAD 4g with CROUTONS 5g BABY CARROTS FRUIT & MILK	17 GRILLED CHEESE SANDWICH 27g TOMATO SOUP 20g CELERY or CAULIFLOWER FRUIT & MILK	18 SOFT TACO SOFT SHELL TORTILLA 15g TACO MEAT 2.5g SHREDDED CHEESE 0g REFRIED BEANS 23g GRAPE TOMATOES FRUIT & MILK	19 LUNCHABLE 33g CALIFORNIA BLEND 3g BABY CARROTS FRUIT & MILK
22 COOK'S CHOICE	23 COOK'S CHOICE	24 LAST DAY OF SCHOOL COOK'S CHOICE	25	26
29 ENJOY	30 YOUR	31 SUMMER!	1	2

PARENT INFO

*School lunches have returned to regular pricing for the 2022-2023 school year and are **no longer free for all**. Prices can be found on the PEVS website. If you feel your family is eligible for free or reduced meals, please fill out an application in final forms!

FRESH FRUIT & VEGGIES

A variety of fresh veggies with ranch will be offered daily, along with many fresh fruit options.

BREAKFAST IN THE CLASSROOM

All elementary students receive free breakfast, to eat in their classroom. Eating a healthy breakfast improves behavior, test scores and mental focus. If you have any questions or comments please email:

h_dangler@pauldingschools.org

Breakfast includes: 2 grains or 1 grain + 1 meat/meat alternative, 100% fruit juice and/or fruit, and milk. Any unopened items a student does not wish to eat is put into a share bag in their classroom. This allows another student the opportunity to have a second helping if they are still hungry.

Menu is subject to change. The average carb count for canned fruit = 19-22g per ½ cup serving and fruit juice averages 13g carbs. The average carb count for ½ cup fresh raw vegetables = 5.4g. White milk is 13g, chocolate milk is 24g and strawberry milk is 29g. We follow Offer vs. Serve policy. This institution is an equal opportunity provider.